



Lapwai Elementary School Family Newsletter

**SEPTEMBER
& OCTOBER
2022**

*Pik'unma'ayq'aal
& hóopl'al*



OCTOBER IS NATIONAL BULLYING PREVENTION MONTH

How does Lapwai Elementary School work to prevent bullying?



- **BEHAVIOR EXPECTATIONS** are taught to all students. Bullying is not acceptable in a climate where “Be Respectful, Be Responsible, and Be Safe” is expected.
- The **PATHS** (Promoting Alternative Thinking Strategies) social and emotional learning curriculum is taught to our students twice a week. These lessons teach students how to resolve conflicts peacefully, handle emotions positively, empathize, and make responsible decisions. Bullying is greatly reduced when students empathize with others.

- **STOP, WALK, TALK** is taught in the classroom as well as other specific lessons about bullying (PBIS.org). Students are taught that if someone does something disrespectful or hurtful, to tell them to **STOP** and use a physical signal (palm toward the student bullying). If the problem behavior continues, students are to **WALK** away from the situation. Sometimes the behavior still continues, and then students are taught to **TALK** to an adult. Bystanders are encouraged to assist a peer in walking away, and not be an audience to the bullying behavior.
- Helping students to **recognize the difference** between someone being mean or rude versus bullying (intentionally aggressive behavior repeated over time, involving an imbalance of power).

After School Program

Grades 1-5
(registration forms available in the office and sent home with students)

7:30am: Technology, literacy, & enrichment activities in the library

3:20-5:30pm: full meal, math/reading tutoring, homework help, Nez Perce Language, STEM (science) and cultural activities

YOU!  are invited (yes, **YOU!!**) to be part of Lapwai Elementary School's

FAMILY ENGAGEMENT TEAM!

This is an opportunity for family members to:

- **BE INVOLVED** with planning of events, school policies, and connecting the school to the community.
- **ASK QUESTIONS** about things your students are involved in, or how you can know more about what goes on at school and why.
- **ENCOURAGE OTHER PARENTS and FAMILY MEMBERS** as you raise your students at home and in the community.
- **JOIN IN** a long-standing partnership between the Nez Perce Tribe (STEP) and the Lapwai School District.

We welcome all moms, dads, grandmas, grandpas, uncles, aunts, brothers, or other family members of Lapwai Elementary students to be part of this team and partner with our staff and teachers to impact our students in a positive way!

WHEN? 3:40-5:00pm on the **2nd Thursday of the month** (will begin meeting in November)

WHERE? Lapwai Elementary School

No sign-up needed—please just **SHOW UP!** Snacks and prizes may await!

For more information, please contact:

Teri Wagner, Elementary Principal, 208-843-2960 or NPT STEP Program, 208-621-4704.

Attendance Challenge

WEEKLY DRAWINGS:

Perfect attendance and no tardies all week = entered into a drawing for gift cards and passes from:

Happy Day Restaurants
Lewiston Village Centre Cinemas
Orchards Lanes

Every Friday until November 2nd:

3 Elementary and 3 Middle-High winners.

If you miss a day of school, try again next week!

Every week is a new chance to win!

GRADE LEVEL CHALLENGE:

Class Field Trip to the Palouse Discovery Science Center for the grade level with the highest average daily attendance through Wednesday, November 2nd!

GRAND PRIZE WINNERS:

All students with perfect attendance the first 10 weeks of school through Friday, November 2nd will be entered to win a \$250 Amazon Gift card for their family, prizes awarded in both schools!



Perfect Attendance Winner
Village Centre
Congratulations
Tyson Davis
5th Grade



Perfect Attendance Winner
Happy Day
Congratulations
Carl Powaukee
Kindergarten

CONGRATULATIONS to our September winners:

Sept 2

Carl Powaukee (K)
Brandon Jackson (3rd)
Tyson Davis (5th)

Sept 9

Ransom Rickman (1st)
Hudson Speas (2nd)
Areez Montelongo (4th)

Sept 16

Jalon Greene (4th)
Siilouette Crowe (2nd)
Inez Taylor (K)

Sept 23

Cairi Williams (1st)
Ambrose Sisto (3rd)
Tyanne Hillman (5th)

Sept 30

Riston Johnson-Miles (K)
Country Penney (3rd)
Roman Lawrence (4th)

What to do?

- **EVERYONE** in your house needs a head check.
- **EVERYONE** with lice needs to be treated.
EVERYONE living in the home should be treated (lice shampoo).
- After treatment, you **MUST** use a fine-tooth comb and pick out the lice and the nits.
- **TREAT AGAIN** in 7 days, to kill any nits that have hatched.
- Machine wash hot **ANYTHING** that can be washed in the washer (clothing, sheets, blankets, machine washable stuffed toys), **HOT** dryer for at least 20 minutes.
- **BAG UP** all stuffed toys or pillows that can't be washed, keep them bagged for at least 2 weeks.
- **VACUUM** all floors.
- **SANITIZE** all hair brushes, combs, and other accessories/tools in very hot water.
- Keep long hair braided or in a bun until lice are gone.
- Continue these steps regularly until the lice are gone to avoid re-infestation.

Where can I get lice treatment?

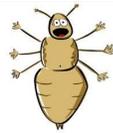
- School office, Community Health (no cost)

Alternatives to lice shampoo:

- Tea tree, anise, and ylang ylang essential oils combined with coconut oil have been shown to be effective in repelling and killing of lice, if used every 5-10 days until lice are gone.

Prevention!

- Vinegar spray on hair (available at Community Health)
- Tea tree oil added to your shampoo and used regularly
- Avoid head-to-head contact
- Avoid sharing hats/jackets/scarves, blankets, pillows
- Keep long hair braided or in a bun while at school



Head Lice!? Oh no!

headlice.org

treatment kit contains lice shampoo, lice combs, shower caps, laundry soap, large trash bags, instructions

Tip:

Nits (lice eggs) are tiny yellowish or grayish-white oval shaped eggs that are "glued" to the side of a hair shaft. They won't flake off easily like dandruff. They are not irregular shaped or fuzzy.

'Kiiye pecepelíhniku' wapáyat'as mamáy'asna hipewc'éeyu' cúukwenin'.

"Together, we ensure all students will reach their full potential."